

# BREAKFAST TIME

## THE LANCASTRIAN

Eggs any style, pork sausage, grilled bacon, hash brown, beans, tomato, artisan toast **£13.50**

## VEGGIE FULL ENGLISH (v)

Eggs any style, veggie sausage, hash brown, tomato, beans, mushrooms, artisan toast **£13.50**

## PARMESAN, ROAST TOMATO & POACHED EGG BRUSCHETTA (pg)

Crispy pancetta, basil pesto, aged balsamic **£10.95**

## SMASHED AVOCADO WITH CRUMBLLED FETA (v) (pg)

Soft poached egg, toasted sourdough **£10.95**

## BREAKFAST BURGER

Sausage, bacon, hashbrown, fried egg & cheese on a toasted brioche bun **£10.95**

## LITTLE LORDS & LADIES BREAKFAST (age 12 & under)

Scrambled egg, beans & soldiers **£6.50**

## EGGS (pg) (v)

Scrambled, poached, or fried on artisan toast **£9.50**

## EGGS ROYALE

English muffin, smoked salmon, poached eggs, hollandaise **£12.50**

Add half an avocado **£2.50**

## EGGS BENEDICT

English muffin, crispy bacon, poached eggs, hollandaise **£10.95**

Add half an avocado **£2.50**

## EGGS FLORENTINE (v)

English muffin, spinach, poached eggs, hollandaise **£10.50**

Add half an avocado **£2.50**

## SMOKED SALMON & SCRAMBLED EGG (pg)

Artisan toast **£13.50**

## 100% SMOOTHIES

£5.95

### FRUIT

#### PASH 'N' SHOOT

Passion fruit, pineapple & mango  
Cals: 166 Fats: 0.5g

#### BERRY-GO-ROUND

Blackberry, raspberry & strawberry  
Cals: 138 Fats: 0.4g

#### STRAWBERRY SPLIT

Strawberry & banana  
Cals: 197 Fats: 0.5g

#### BIG 5

Pineapple, mango, kiwi, strawberry & apple  
Cals: 163 Fats: 0.6g

#### MELON REFRESHER

Melon, mango, strawberry  
Cals: 138 Fats: 0.4g

### VEGETABLE

#### BROCCOLI & THE BEAST

Broccoli, spinach, celery, mango, pineapple & banana  
Cals: 165 Fats: 0.5g

#### DETOX – ZING

Ginger, courgette, banana, carrot  
Cals: 163 Fats: 0.3g

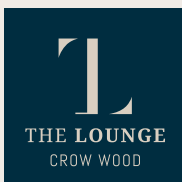
#### KALE KICK

Kale, spinach & mango  
Cals: 164 Fats: 0.7g

Please inform your server if you have any food allergies

(v) Vegetarian (g) Created using gluten-free ingredients

(pg) Some of our dishes can be created using gluten-free ingredients upon request





**THE LOUNGE**  
CROW WOOD

**BREAKFAST MENU**